

OPINION

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Governor Matthew Marcos Manotoc, joined by cycling enthusiasts under PGIN, led the Feb. 11 “Bike-to-Work” ride to promote safe and convenient transport in Ilocos Norte. (Photo courtesy of PGIN-CMO)

* * * * *

“Bike-to-work” ride: A boon to employees

● Gov. MMM leads cycling buffs as they pedal along the kilometeric route towards the Capitol

Governor Matthew Marcos Manotoc, joined by cycling enthusiasts employed under the Provincial Government of Ilocos Norte, has initiated the “Bike-to-Work” ride in Laoag City earlier today, February 11, 2022.

Officials said the cycling activity aims to promote Ilocos Norte, particularly Laoag City, as a safe and bike-friendly area as well as to encourage PGIN employees to embrace environment-friendly and convenient alternative transportation under the new normal amid the COVID-19

Organized by the Ilocos Norte Sports and Development Office, Governor Manotoc and the said group of fellow cyclists hit the road from the Ilocano Migrants Monument circle on Airport Avenue as the starting point and finally pedaled towards

(Pls. turn to page 3)

DOH targets 25k children ages 5-11 for pediatric vaccination in Ilocos

The Department of Health (DOH) Region 1 will start its scheduled pediatric vaccination on February 14, 2022 targeting 25k children aged 5-11 years old for the whole region during the week-long National Vaccination Days (NVD).

“I strongly advised parents to accompany their own children during the vaccination. We will not be giving vaccines to those with incomplete requirements. Importante po na mayroon po tayong maipakitang parent’s

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THIS WEEK'S NEWS IN A FLASH

by Multimedia Report

PNP: 60 firearms deposited at PNP San Nicolas, IN by local poll bets, civilians inline with 2022 election gun ban
===

Fire hits two houses at Brgy. 25, Laoag City. Nobody is hurt but victim claims his P200K cash went up in smoke
===

A jealous laborer hangs himself after a quarrel with wife in their village home at Piddig, I.Norte
===

A motorcycle-riding couple injured on a road crash when they hit a dangling cable line of a telecom firm in Currimao, I. Norte
===

In Vigan City, the famous Dancing Fountain resumes show after a lull due to the COVID-19 pandemic
===

Gunfire erupts in Sinait, I. Sur leaving a bloodied victim. PNP says incident not election-related
===

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Ilocos Sentinel Newspaper is published weekly in Laoag City, Ilocos Norte since Year 2006. It is widely circulated in Ilocos Region, Cagayan Valley, CAR and the entire Philippines. The clan Guiangs behind this paper are the proud direct descendants of DON MARTIN GUIANG, founder of the town of Paoyay, Ilocos Norte and first chief executive of Paoyay town (1701-1704).

Guest Editorial:

DOH, NVOC, NTF launch ‘Resbakuna Kids’ campaign for 5 to 11 year olds

The National Government commenced its pilot implementation of COVID-19 vaccination for children aged 5 to 11 years old through the “Resbakuna Kids” campaign.

The government said that the rollout of “Resbakuna Kids” will be implemented in a phased approach, utilizing both hospital-based and local government unit (LGU)-based vaccination sites, to maximize accessibility to the general public.

“As we are starting to achieve a majority of fully vaccinated Filipinos, it is now the time to give our children the protection that they need against COVID-19,” said Chief Implementer Carlito Galvez, Jr.

Sec. Galvez added, “We are ensuring the health and safety of children as we begin to reopen our schools and face to face classes. By doing this, we are also protecting the mental health of young ones.”

As of 7 February, 4:00 PM, 7,416 children aged 5 to 11 had been vaccinated with a first dose of COVID-19 vaccine. LGUs and parents are encouraged to ramp-up and continue pre-registering their children to ensure many kids get vaccinated against COVID-19.

Following several countries, such as the United States and Singapore, who offer additional protection to children aged 5 to 11 years old from COVID-19, over 8.7 million children have already been vaccinated worldwide, with zero deaths attributable to vaccines, 0.00013% serious adverse events, 2.4% with mild side effects all of whom have recovered, and 97.6% without any side effects.

The DOH reminds the Filipino people that vaccination is not mandatory and consent is a must. All COVID-19 vaccines being given by the government are guaranteed safe, effective, and of quality, which is backed up by scientific research and data. The DOH further emphasizes that getting children vaccinated against COVID-19 remains to be the best protection against hospitalization caused by severe and critical symptoms.

“We must continue to work in achieving population protection by vaccinating and practicing the minimum public health standards as these measures will help in achieving maximum protection against the virus. With these, we can move forward towards a safer community - for ourselves and for the children of the future,” says Health Secretary Francisco T. Duque III. (DOH)



WORD ALIVE

by Fr. Bel R. San Luis, SVD

Be-happy attitudes

Everybody wants to be happy. But happiness is a very elusive thing. And the reason is we don’t agree on what it means to be happy.

Some maintain that you can be happy if you have lots of money, including ill-gotten. Others believe in the saying, “Eat, drink and be merry for tomorrow you die.”

Can fame and money buy happiness? Those who lived in the 70s might remember the rock-and-roll superstar Elvis Presley who went on to make dozens of gold records, sent millions of hysterical fans into ululations of delight, and grossed US\$1 billion in earnings — before he died at the young age of 42, in August, 1977. He died of an excess of drugs and junk food.

Modern psychiatry’s files are loaded with cases of

persons who have managed to acquire everything they thought they needed to make them happy, except peace of soul.

Do you know that Elvis Presley’s attractive and talented actress and partner, Dolores Hart, in many record-breaking movies turned her back on Hollywood and huge wealth for a “higher calling?” She now lives in solitude at the Benedictine Abbey of Regina Laudis in rural Connecticut, USA away from the glitter of the silver screen. She spends her cloistered life in peace, prayer and contemplation.

When Christ came, he taught a blueprint or guideline for living which turned upside down the prescriptions for happiness the world offers. That prescription is contained in this 6th Sunday’s gospel on “Beatitudes” (Be-Happy Attitudes) according to

(Note: Fr. San Luis hails from Laoag City. He served as President of Divine Word College of Laoag in the 1980s. His new turf is the Christ The King Seminary in Quezon City. Thank you, Father Bel for sharing your weekly column for the Ilocos Sentinel.—Editor)

St. Luke (6:28-38).

Jesus declares, “Happy are you who are poor, for the kingdom of God is yours.”

What Jesus meant by “being poor” was not just material poverty. Jesus never intended to approve of the grinding poverty that we see in the slums of our cities.

In the first Beatitude, Jesus does not mean that only the poor will enter Heaven. Poverty is not necessarily a virtue. A poor man who curses his lot, whose sole obsession in life is to be as rich as his wealthy neighbor and does it by illegal means is very poor, indeed. But if, despite poverty, one can turn to God and help his fellowmen, then poverty is a Christian virtue.

On the other hand, the rich are “poor” if they have (Pls. turn to page 3)



THE ILOCANO EDUCATOR

by Eduardo Teodoro “Jet” B. Ramos, Jr.

The common problems that characterize our elections (only in the Philippines)

Eduardo Teodoro “Jet” B. Ramos, Jr., MAELED, LPT is the corporate communications associate of MFI Polytechnic Institute, Inc. and the training manager and partner of JFE Teacher Training Services and JFER Training and Development Services. He is also a founding member, the publicity and communications head, and a member of the board of trustees of Philippine Advocates for Consultants and Trainers, Inc. (PACT, Inc.), a non-profit association of consultants and trainers in the Philippines. Apart from being a teacher for 13 years now, he is a character actor, inspirational speaker, corporate trainer, researcher in linguistics, and a media practitioner, being the host of VOICE OF THE TEACHERS RADIO (airing on Sundays from 1:00 to 2:00 PM over DWDD 1134 AM). For comments, suggestions, and inquiries, please contact Jet at (0917)648-43-28 and (0928)439-76-90. You may send him an email to edteo.ramos@yahoo.com or message him on Facebook (Jet Ramos).

Last January 23 (almost three Sundays ago as of this writing), I was the featured host of our weekly AFP Radio afternoon show Voice of the Teachers Radio. Just to tell you all, my suggestion that I take over the host for the week (who was not available at that time due to an emergency) was a last-minute decision which forced me to think hard about the topic I wanted to share with viewers here and abroad.

What is the topic, then? Is it something hot nowadays?

Yes, Virginia, voter’s education it is!

Here is the link to the full episode in case you want to watch our special practical voter education episode: <https://www.facebook.com/dwdd1134/videos/1083841322462659>.

Elections in the Philippines are generally rigmaraoles. The forthcoming election has been considered a virtual circus due to the antics of a very combative, choleric clown by the name of Commissioner Rowena Guanzon, who has retired as of February 2 (as of this writing, the feisty Joan of Arc wannabe has just retired from the Commission on Elections [COMELEC]). To add insult to injury, what gets the goat of many of us is this: Atty. Guanzon’s loose-lipped biases against a particular candidate, which she was not supposed to trumpet in the first place. No wonder that many people (including this author) have been happy for she has beat it from the COMELEC. Honestly, if spokesperson James Jimenez were to proceed with his resignation immediately, I would jump for joy

and declare victory for Jimenez has not done his job well.

We cannot fathom why many of our candidates and most of our election officials tend to act like rapacious coyotes out to pounce on their respective preys: candidates’ prey are their rivals and other naysayers; officials’ victims, the candidates whom they deplore with much deep-seated vitriol and overt aspersion.

Muckraking, logical fallacies, grandstanding, and political whoring have been the orders of the day during every election period especially during the time when internet and social media came about. To rub salt on a festering wound, these are also prevalent even during non-election periods. Gone are the days when politicians were not called traditional politicians- pejoratively dubbed as trapo- but public servants who work for the common good and nip their grandstanding in the bud as to prevent gossip and further mayhem. Also gone are the days when debates were battles of the brains and not battles of the bullies or of the social big shots.

If we wonder why our elections in the Philippines are characterized by popularity and hilarity, let us all think again.

What are the common problems that characterize our current election period, then? These are the ten common problems:

1.ONLINE (AND OFFLINE) CHARACTER ASSASSINATION. Such a problem has been long-

(Pls. turn to page 3)

Disclaimer: The views and opinions expressed in this Commentary Section are solely owned by the individual columnists and authors and do not absolutely reflect the Ilocos Sentinel’s position. We are pleased to accept and publish any written reaction to all published articles herein. Please send thru e-mail, text, and postal mail with your name and address. Letters may be edited for clarity and space.

17 pilot areas identified in Region 1 for vaccination of kids aged 5 to 11

SAN FERNANDO CITY, February 12 (PIA) -- The Department of Health Ilocos Center for Health Development (DOH CHD-1) has identified 17 pilot areas for the rollout of the pediatric vaccination of children aged 5 to 11 against coronavirus disease 2019 (COVID-19).

Dr. Rheuel C. Bobis,

COVID-19 focal person of the DOH CHD-1, informed the public that the first batch of Pfizer vaccines totaling 57,600 doses which will be used for the vaccination among the youngest population arrived on Friday.

Currently, the Pfizer vaccine is the only vaccine that was given the emergency

use authorization (EUA) for kids between five and 11 years old from the Food and Drug Administration (FDA).

“Ito ay initial na Pfizer vaccines. Hindi ito sapat para sa target population pero ito ‘yung initial na gagamitin sa ating launching,” Bobis said.

Vaccines would

continue to arrive in the region after the launch, he said.

The total projected population of 5-11 years old in Region 1 is 731,334.

To make the launching sites 100 percent operational before the actual vaccination kickoff, the DOH CHD-1 has started distributing the vaccines beginning

Saturday.

These sites include the three DOH-retained hospitals namely the Ilocos Training and Regional Medical Center in San Fernando City, La Union; Region 1 Medical Center in Dagupan City, Pangasinan; and the Mariano Marcos Memorial Hospital and Medical Center in Batac City, Ilocos Norte.

Children can also get vaccinated in two private hospitals to include the Villaflo Memorial Hospital in Dagupan City, Pangasinan and the Lorma Medical

Center in this city.

Further, the following provincial and district hospitals were also identified:

- La Union Medical Center
- Pangasinan Provincial Hospital
- Eastern Pangasinan District Hospital
- Urdaneta District Hospital
- Lingayen District Hospital
- Western Pangasinan District Hospital

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standing for as long as one can remember. Character assassination comes in many forms: rumor-mongering, washing of others' dirty linens in public, accusing others (falsely or otherwise) of crimes and other dastardly and immoral acts, bashing candidates and their supporters, and imputing that certain candidates are incompetent or unfit. Character assassination is not only immature but also insipid and ignoramus and it can render one guilty of libel or cyber-libel in case one is not too careful. For character assassins, calumny is the name and propaganda is the game.

2.CLAIMING OF CREDIT THAT IS SUPPOSED TO BE FOR OTHERS. This is a mortal sin especially among many traditional politicians who tend to be elitist in creed and in deed. I can only grimace and surmise that their values are found right under their crotches. Credit grabbing not only erodes others' confidence but also gainsays others' efforts at truly building rapport, trust, and honesty with the people whom they serve.

3.BROADCAST JOURNALISTS' DELIBERATE INSULTING OF CANDIDATES' INTELLIGENCE. I can only think of so many and many of these broadcast journalists (except for a few who remain composed, impartial, and courteous) have the gall to tweak their questions and their questioning styles depending on the candidates with whom they interact. These broadcasters' tone of voice, body language, diction, and hosting styles reek of bias, vituperation, and maleficence.

4.MAINSTREAM MEDIA FAVORING CANDIDATES WHILE PINNING OTHERS DOWN. Related to number three, biased media practitioners and media outfits raise hell whenever they treat some candidates with contempt and act as if they are casting malediction upon them. Media outfits are supposed to be disinterested and research-oriented in writing and reporting about events of public interest. No one would be amazed if there would be more and more biased media practitioners would be in Dutch, especially on social media.

5.GRANDSTANDING AT THE EXPENSE OF OUR SUFFERING COMPATRIOTS. Yes, there are many of them. Particularly guilty of this are those candidates, especially the trapos, on the other side of the fence. There are some candidates who boast of their projects and some of these candidates tend to humble brag while others are more vocal.

6.FILING DISQUALIFICATION CASES AGAINST A CANDIDATE OUT OF HATE. One particular example is the situation involving our lakay Ferdinand R. Marcos, Jr., also known widely and affectionately as Bongbong. Those who have filed disqualification cases have nothing but spite and vituperation in their hearts and minds.

7.RIDICULING OR OSTRACIZING PEOPLE WHOSE POLITICAL BELIEFS ARE RADICALLY DIFFERENT FROM THE STATUS QUO. This happens both online and offline. Especially online. Those who unfriend and unfollow their friends on social media due to differences in political beliefs are utterly impish and immature. The same applies to others who ostracize people who choose candidates who are "less than ideal".

8.OPENLY CAMPAIGNING FOR A SET OF CANDIDATES EVEN IF ONE IS PROHIBITED FROM DOING SO. Oh yes, this applies to people sworn to impartiality, such as media practitioners, civil servants, and others. There is nothing wrong with rooting for a candidate of one's choice. Openly promoting a candidate then being unwittingly (or wittingly) biased is a different story altogether.

9.CRITICIZING FELLOW CANDIDATES OPENLY AND INTENTIONALLY. Many candidates are guilty of this. One of these candidates is a holier-than-thou aspirant who has turned out to be an expert on subtle

political malediction. Another candidate is one who is after the head of the current chief executive even if this candidate is widely known for his transgressions against the state. Other candidates tend to unravel their latent crab mentality not just through their words but also through their actions.

10.5G: GUNS, GOONS, GOLD, GUILT TRIPPING, AND GLORIFYING GREED. Such have been worse, post-People Power. Elitists may have come and go but whenever they run for political positions, they wreak havoc and reek of redolent avarice, not to mention possessing unbridled discrimination against the masses (while purporting to be their savior, and a false one at that, to be blunt about it).

There you have it, ladies and gentlemen, the common election-related problems! These will remain for long unless we citizens get off our high horses and fight for what is right, just, and beneficial to all.

It's time that we think of our country's future because doing so will redound to our success as Filipinos and liberation from the shackles of divisiveness and vindictiveness!

GUESS WHAT, GUESS WHO!

GUESS WHAT: Raking one over the coals, throwing hissy fits, and hurling invectives are the little-known trademarks of this filmmaker. Our subject would insult bit players whenever the hapless extras would not get their scenes right (the extras in question felt eerie around the filmmaker). My source, a production crew member, revealed that in one of the filmmaker's productions, our subject gave several bit players a dressing down. The auteur even had the temerity to slap one of them for not executing a given scene. Despite having much success during his/her lifetime, the director had some people holding a grudge against him/her for being more ornery than a fishwife. One reason that could be attributed to our subject's less-than-desirable deportment is the chronic condition that our subject suffered from.

What are the lessons of this story? Never let anger overshadow talent. Treat the cast and crew with equal respect and compassion. Talent is nothing without values. Criticize privately but praise publicly.

GUESS WHO: This highly regarded educator seems to be suffering from a split personality. Our subject, who is also known in other industries, is also a public speaker and would go places pre-pandemic. According to my source, who is also a public speaker, the educationalist was in a speaking engagement when several members of the audience- who happened to be students- were caught chatting with one another. Lo and behold, our subject lashed out at the unruly audience members. As a result, my source and some others who witnessed the mini fracas were repelled by our subject's unprofessional act. Years later, karma set in when our subject suffered from several life upheavals. Despite what have happened, our subject still remains as hubristic as ever.

What are the lessons from this story? Never ever berate people for not listening to you; instead, remind them gently. Extreme egotism is a silent killer when you forget that boasting of your credentials at the expense of others' sensitivities causes mayhem. Make your audiences inspired and happy, not bored to death. Remember that people have feelings, too, and thus do not deserve to be intimidated by your achievements.

If you have suggestions in terms of the education-related topics that you want me to feature, please feel free to send me an email to edteo.ramos@yahoo.com or to coachjet.inspirations@gmail.com and I will reply to you as soon as I receive your email.

"Bike-to-work".....(page 1)

the Provincial Capitol Building in downtown Laoag.

To wind up the Feb. 11 activity, the cyclists later participated in a Zumba (aerobic) workout staged by the Provincial Human Resource Management Office.

In this connection, the Department of Tourism-Region I, in collaboration with PGIN, recently launched the Karingking Serrek bike trails in Solsona, Ilocos Norte, one of the twelve bikeways validated by the DOT in

the province, in an effort to boost cycling tourism.

Governor Manotoc has blended his passion for sports and health into his public service by promoting an active lifestyle, physical fitness, and overall well-being among the Ilocanos through his initiatives.

As part of this, he commits to improving the safe cycling infrastructure to accommodate the growing number of bikers in the province.— (Blessing Angel V. Agliam, PGIN-CMO)

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the spirit of detachment from their wealth or don't forget God as the source of their blessings. Also, they are poor when they are charitable, not just enjoying life in lavish and luxurious living. They are rich but also spiritually poor.

Isn't this the spiritual problem today? In pursuit of the materialistic, consumeristic, and hedonistic in life, some have forgotten their eternal destiny of heaven and have made money their god. So much that some people have to steal, cheat and kill in pursuit of ill-gotten wealth. Isn't this familiar with the election campaign now?

Is your life on earth guided by Jesus' prescription in achieving a true and lasting happiness? What motivates you in life? Is it only worldly riches or the heavenly riches?

Jesus said, "For what

will it profit a man if he gains the whole world but suffers the loss of his own soul?" (Mt 16:24).

For his part, St. Augustine who, after a life lived in worldly pleasures, said in the end: "You have made us for yourself, O Lord, and our hearts are restless until they rest in You."

The rest of the beatitudes: Being hungry for holiness, merciful, pure of heart, peacemaker, persecuted for righteousness all spell out Christ's prescription of happiness for us.

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ILOCOS SUR

NLPSC to begin limited in-person classes in March

VIGAN CITY, Feb. 11 (PIA) – The North Luzon Philippines State College (NLPSC) is set to proceed with its limited face to face classes in all programs beginning in March for the second semester of Academic Year 2021-2022.

As part of the preparation for the reopening of in-person classes, the Office of the President of NLPSC, Dr. Danilo B. Bose, also the OIC Director IV of Commission on Higher Education (CHED) in Ilocos, spearheaded a dry-run on Thursday, and representatives from the Department of the Interior and Local Government, City Health Unit and Sanitation Unit of Candon City conducted an inspection.

“There were more than 300 students from different programs who came to the college.

Though the participation of students during the first day of the dry-run may not be very satisfactory, this reopening of the campus for the limited face-to-face classes in all programs is a major accomplishment of the college during this pandemic and this success cannot be attained without the support and cooperation of all stakeholders,” the NLPSC said in a statement.

According to Engineer Angelica Dolores, CHED in Ilocos supervising education program specialist, the NLPSC must comply with the recommendations and consider the observations of the inspection team before the reopening of classes.

In the province of Ilocos Sur, Engr. Dolores mentioned that only the NLPSC has submitted their intention to conduct

(Pls. turn to page 5)

ILOCOS SUR

PGIS partners with UST-FMS Foundation for Operation Free Tuli

VIGAN CITY, Feb. 12 (PIA) -- The Provincial Government of Ilocos Sur (PGIS), in collaboration with the University of Santo Tomas Faculty of Medicine and Surgery (UST-FMS) Phi Sigma Gamma Medical Foundation, conducted the “Operation Free Tuli” for kids aged 7-17 in the province on February 12.

According to the Provincial Health Office of Ilocos Sur, there were 275 recipients of the free circumcision held at the Gabriela Silang Grounds of the Ilocos Sur Provincial Hospital.

The PGIS and the UST-FMS also provided post-medication for the children.

Isagani Paet, father of 13 and 11 year-old recipients from Barangay Taleb, Bantay said: “We are grateful to the PGIS and UST-FMS for organizing the free circumcision project because we have been waiting for this. I have two sons, and it would cost us a fortune to have

them circumcised by private doctors.”

On the possibility of conducting another round of Operation Free Tuli, Doctor Trina Tabboga-Talaga, Provincial Health Officer and Chief of Ilocos Sur Provincial Hospital-Gabriela Silang (ISPH-GS), said that they will “definitely conduct a Part 2” of the project.

She said, “We saw the response of the people and how excited the kids are. We will carry out another one on the local government units, in order to bring the project closer to the public.”

Meanwhile, those who were unvaccinated, and/or vaccinated but presented symptoms of coronavirus disease 2019 (COVID-19) were subjected to antigen testing prior to the operation.

Three children tested positive and were immediately assisted by healthcare workers at the site.

The ISPH-GS chief

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LA UNION

36 colored copiers, ipinamahagi sa public schools at City Schools Division Office

SAN FERNANDO CITY, La Union -- Sa pangunguna ni City Mayor Hermenegildo A.Gualberto, ipinamahagi ang 36 units ng colored copiers para sa lahat ng public schools sa elementary at high school, kabilang na rin ang City Schools Division Office.

Magagamit ang nasabing colored copiers sa produksyon ng modules na ibinibigay sa mga estudyante upang makatulong sa kanilang pag-aaral.

Ayon kay Manong Dong, ipinagkaloo ng

City Government ang high quality copiers dahil gusto nitong makapagbigay ng magandang edukasyon sa mga mag-aaral ng siyudad.

Pinasalamatan rin niya ang mga gurong patuloy ang pagsasakripisyo upang maihatid ang dekalidad na edukasyon sa mga estudyante sa kabila ng pandemya.

Ginapang simpleng distribution ceremony sa North Central School na dinaluhan ng mga kawani ng City Schools Division Office at school heads ng mga paaralang nakatanggap ng copiers. (CGSF)



PANGASINAN

Pangasinan among PH most competitive provinces

DAGUPAN CITY, Feb.9(PIA)–The province of Pangasinan ranked 16th among 20 Most Competitive Provinces in the country in the 2021 Cities and Municipalities Competitiveness Index (CMCI), an annual ranking of cities and municipalities nationwide that builds, maps out and tracks local competitiveness.

The CMCI of the Department of Trade and Industry (DTI) was developed by the National Competitiveness Council through the Regional Competitiveness Committees (RCCs) with the assistance of the United States Agency for International Development.

It recognizes the efforts and performance of local government units in the five competitiveness pillars, namely: economic dynamism, government efficiency, infrastructure, resiliency, and innovation.

The commendation was earlier announced via Facebook live on December 14, 2021 during the 9th Regional

Competitiveness Summit, while the Regional CMCI Awarding and Recognition Ceremony for Region 1 was held yesterday simultaneously in four venues.

In a message, Governor Amado Espino III expressed his gratitude to DTI-Region 1 and DTI-Pangasinan for this citation.

“Let me convey my sincerest gratitude and appreciation to the Department of Trade and Industry especially DTI-Region 1 and DTI-Pangasinan, headed by Regional Director Grace Falgui-Baluyan and Provincial Director Natalia Dalaten, for recognizing the Province of Pangasinan as one of the Top 20 Most Competitive Provinces nationwide,” said Governor Espino.

The provincial chief executive also extolled various city and municipal local government units (LGUs) in Pangasinan which have brought pride and honor to the province for their active

(Pls. turn to page 7)

PANGASINAN

Tech4Ed Center opens in Pangasinan town

SAN NICOLAS, Pangasinan, Feb. 14 (PIA) -- The Department of Information and Communications Technology (DICT) has launched on Tuesday a Technology for Education, Employment, Entrepreneurs, and Economic Development (Tech4Ed) Center here.

The establishment of the knowledge hub in San Nicolas town is part of DICT's objective to bring digital opportunities to the most vulnerable sectors of society who remain foreign to digital technology because of lack of access to digital resources.

Education, entrepreneurship, employment and economic development are the four platforms of the program.

Four sets of computers were also given to the municipality in line with the establishment of the Tech4Ed Center in the town.

Mayor Alicia Primicias – Enriquez expressed gratitude to

the DICT adding that the program will be a great help in promoting grass root development, inclusive growth, and poverty reduction by providing San Nicolansians both the ICT tools and skills training needed to advance in the digital world.

She said giving the marginalized access to digital opportunities, Tech4ED will now make it possible for hundreds and thousands of people to start businesses, get education, gain employment and take their first steps towards improving their families' well-being, through a single ICT portal in a single center.

Meanwhile, DICT Provincial Office Officer-in-Charge Elvis Cayabyab thanked the local government unit of San Nicolas for their support to the programs of the government that led to the establishment of Tech4Ed center in the town. (Elsha Marie B. Soriano-Arguel/PIA Pangasinan)

PANGASINAN

DepEd receives over 500K self-learning modules anew

LINGAYEN, Pangasinan, Feb. 11 (PIA) – The Department of Education (DepEd) in Pangasinan received on Thursday another batch of self-learning modules and speech laboratory sets for the five Schools Division Offices (SDOs) in Pangasinan.

The distribution of the learning modules held at the Pangasinan Training and Development Center II here aims to support and address the needs of teachers and students during this time of pandemic.

At least 598,125 self-learning modules and two speech laboratory sets were turned over to DepEd SDOs of Pangasinan I, Pangasinan II, San Carlos City, Alaminos City and Urdaneta City.

The SDOs Pangasinan I and Pangasinan II have received 261,562

self-learning modules each while 37,500 self-learning modules each were distributed to SDOs Alaminos City and San Carlos City.

The speech laboratory gadgets were turned over to SDO Urdaneta City.

The schools' division superintendents who received the learning materials expressed their gratitude to the provincial government of Pangasinan for providing resources that will help students' accelerate their learning progress amidst the pandemic.

It can be recalled that in 2021, at least 1.145 million self-learning modules, five analog speech laboratory sets, and 12,132 tablets were distributed by the provincial government to DepEd division offices in Pangasinan. (ELSHA MARIE S. ARGUEL/PIA Pangasinan)



The Province of Ilocos Norte was awarded as one of the top performers in the nation’s Cities and Municipalities Competitive Index for economic dynamism, government efficiency, infrastructure, and resilience. Photo shows Gov. Matthew Marcos Manotoc receiving the award. (Photo courtesy of PGIN-CMO)

Cimatu: Sustaining protected areas remains a top priority

Secretary Roy A. Cimatu said the Department of Environment and Natural Resources (DENR) will continue to make the preservation of the country’s protected areas a top priority this year by focusing on efforts to address the illegal occupation on these areas.

“We have taken for granted these protected areas. The perennial problem of illegal occupants is the reason why these areas are polluted and destroyed,” Cimatu said during the annual Expanded Executive Committee Conference with the DENR officials on January 18.

The DENR is also taking into consideration the hiring of security personnel or “blue guards” to prevent individuals

from illegally occupying the protected areas through its field offices with the Biodiversity Management Bureau (BMB) overseeing its administration and management at a national level.

With the enactment of Republic Act (RA) 11038 or the Expanded National Integrated Protected Areas System (ENIPAS) Act of 2018, 94 protected areas were added to the roster of legislated protected areas, bringing the total number to 107.

The public lands within these legislated protected areas are classified as national parks under the 1987 Philippine Constitution.

“We are studying the possibility of hiring blue guards in these areas to secure them from illegal occupants,” Cimatu said, adding that the Upper

Marikina River Basin Protected Landscape will be one of the priority sites.

The DENR is also looking into tapping the Armed Forces of the Philippines and the Philippine National Police to reinforce security in the protected areas.

Under the law, “occupying or dwelling in any public land within a protected area without clearance from the concerned Protected Area Management Board is strictly prohibited.”

The violators of the NIPAS Act, as amended, will be fined P200,000 to P1 million or imprisoned for one year but not more than six years, or both.

Meanwhile, BMB OIC Director Natividad Bernardino said measures are continuously being implemented to effectively manage the country’s

protected areas.

“We are expediting the complete demarcation of all legislated protected areas to set their final boundaries, along with the creation of the Protected Area Management Office or PAMO,” Bernardino said.

The demarcation of protected areas is pursuant to the provisions of the ENIPAS Act and guided by DENR Administrative Order No. 2015-10, as supplemented by BMB Technical Bulletin No. 2019-01.

Bernardino said the DENR-BMB also has an existing program on Protected Area Development and Management which covers the in-situ measures to conserve biodiversity within and adjacent to protected areas. ###

NLPSC.....(page 4)

limited face-to-face classes.

She also said that the requirements for higher education institutions (HEIs) to conduct the in-person classes are the clearance from the local government unit (LGU), an affidavit of undertaking, and the self-assessment document checklist on the readiness to re-open for limited face-to-face classes which includes institutional policies and protocols regarding safety precautions, crisis

management committee, and student and guardian consultations among others.

Dolores added, “We have provided a list, this checklist is embodied on the joint memorandum circular of the Department of Health and CHED, the HEIs must submit these requirements and inform the LGU.”

Meanwhile, she shared that the CHED in Ilocos weekly monitors the vaccination status of tertiary students through the updates from HEIs,

and that they continuously monitor the delivery of flexible learning and

17 pilot areas.....(page 3)

Bayambang District Hospital

Bobis said that some key cities in the region also signified their readiness for the vaccination namely Laoag, Vigan, and Urdaneta.

“Sa ating mga kababayan at mga magulang na may anak na 5-11 years old, ang DOH ay ine-encourage kayo na pabakunahan na ang inyong anak. Huwag

online classes. (AILA T. VILLANUEVA/PIA Ilocos Sur)

po kayong mag-alala, ang Pfizer vaccine na gagamitin natin ay dumaan sa masusing pag-aaral ng FDA. At ito po ay nabigyan ng EUA na ibig sabihin ito ay ligtas at epektibo na makakapagbigay sa inyong anak ng 100% immunity against severe at critical COVID-19,” Bobis said. (Joanne Namnama P. Dilim/PIA La Union)

4 na dating miyembro ng maka-kaliwang grupo sa Ilocos Norte sumuko sa otoridad

Matagumpay kanilang kwento. Nina naisagawa ang recruit sila ng Maka-pagsuko ng 4 na dating kaliwang grupo at miyembro ng maka-kaliwang grupo na kung paano humawak ng baril, ang isa namay hinasa bilang Militianf Sa pangunguna ng Provincial Intelligence Bayan at ang 1 naman ay bilang paramedics. Isinuko ng 4 na indibidwal ang isang M14 rifle at isang shotgun na kung tawagin ay “Banggor”. Sa kasalukuyan ay nasa kustodiya ang 4 ng PIU-INPPO ay mula Ilocos Norte para sa kaukulang dokumentasyon at mula sa Abra, ayon sa disposisyon ng mga ito.

DEED OF ADJUDICATION

Notice is hereby given that the intestate estate of the late TELESFORO GUILLERMO pertaining to a parcel of land designated as Lot No. 12682, CAD-307-D, situated at Brgy. Catuguing, San Nicolas, Ilocos Norte, covered by Transfer Certificate of Title No. T-18178 has been adjudicated by his legal heir Carolina D. Guillermo unto herself as per instrument executed before Notary Public Atty. Kathleen Ann A. Bonador-Gumiran; as per Doc. No. 104; Page No. 21; Book No. X; Series of 2021.

Feb. 7, 14 & 21, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate deceased RAMON TAMAYO and ISABEL V. RAQUINIO pertaining to their share over a parcel of land designated as Lot No. 5663-E-3, situated at Brgy. 48-B Cabungaan South, Laoag City, covered by TCT No. 021-2020000895 has been adjudicated by their legal heirs and simultaneously sold unto Eric Santiago Lamug Valeros as per instrument executed before Notary Public Atty. Luciano R. Caraang; as per Doc. No. 296; Page No. 60; Book No. CXCIX; Series of 2022.

DEED OF ADJUDICATION WITH SALE OF A PORTION OF A PARCEL OF LAND

Notice is hereby given that the intestate estate of the late IGNACIO FERNANDEZ pertaining to a parcel of land designated as Lot No. 20635, Cad-445-D, situated at Brgy. Nalasin, Paoay, Ilocos Norte, covered by OCT No. P-31413 has been adjudicated by his legal heirs Clarita R. Valenzuela and Mario F. Salucop and simultaneously sold a portion of said lot equivalent to 6,136 sq. m. unto Leonardo S. Abundo as per instrument executed before Notary Public Atty. Da Vinci M. Crisostomo; as per Doc. No. 9; Page No. 3; Book No. CDXXI; Series of 2021.

Feb. 7, 14 & 21, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH SALE

Notice is hereby given that the intestate estate of the late MILAGROS AVELINA M. JOSE pertaining to a parcel of land designated as Lot No. 20595, Cad. 307-D, situated at Brgy. San Agustin, San Nicolas, Ilocos Norte, covered by Katibayan ng Orihinal na Titulo Blg. P-84897 has been adjudicated by her legal heirs Napoleon S. Jose and Damiana Warlita J. Rubio and simultaneously sold unto Mary Jane Bonoan-Noble as per instrument executed before Notary Public Atty. Da Vinci M. Crisostomo; as per Doc. No. 215; Page No. 44; Book No. CDXI; Series of 2021.

Feb. 7, 14 & 21, 2022*Ilocos Sentinel



At last, the Mariano Marcos State University in Ilocos Norte finally resumed face-to-face classes on Feb. 7, 2022, after a two-year off-limit to the classrooms amid the COVID-19 pandemic. Almost 6,000 college students went back to the campus. In the above photo, an MMSU coed walks past a welcome tarpaulin at the campus. (Photo courtesy of Stratcom/MMSU fb)

**EXTRAJUDICIAL SETTLEMENT/
PARTITION OF THE ESTATE OF THE LATE
AURELIA R. ORTIZ**

Notice is hereby given that the intestate estate of DECEASEDAURELIAR. ORTIZ, who died on November 19, 2009 in Laoag City, Ilocos Norte, pertaining to her one-half (1/2) pro-indiviso share over a parcel of land described as Lot 13, Blk 54 as shown on subd. plan, Psd-13-002057, being a portion of Lot 10202, MCadm-590-D, Case 17, situated at 40 B Pili Street, Zone 1 North Signal Village, Taguig City, covered by Transfer Certificate of Title No. 37206 is the subject of Extrajudicial Settlement/Partition of the Estate of the Late Aurelia R. Ortiz executed by her legal heirs Fredelito, Jennylyn, Fredelito Jr., and Jenny Kates, all surnamed Ortiz as per instrument executed before Notary Public Atty. Gemino C. Bagares of City of Manila; as per Doc. No. 561; Page No. 113; Book No. XL; Series of 2022.

Feb. 7, 14 & 21, 2022*Ilocos Sentinel

**DEED OF ADJUDICATION
WITH WAIVER OF RIGHTS**

Notice is hereby given that the intestate estate of the late FELICITAS DOMINGO SANTIAGO consisting of several bank deposits namely: Development Bank of the Philippines, Laoag City branch with account no. 005080775451; Landbank with account no. 5107060660; Time Deposit at Government of Laoag Employees Development Coooperative (GLEDCO) Multipurpose cooperative with account no. 3692-2401-0190 and a GLEDCO member share capital with account no. 363-10-00704 has been adjudicated by her legal heirs and simultaneously waived all rights and interests in favor of Sps. Jayvee B. Martin and Merlinda G. Martin as per instrument executed before Notary Public Atty. Jerry C. Villegas, Jr.; as per Doc. No. 335; Page No. 68; Book No. V; Series of 2022.

Feb. 7-13, Feb. 14-20 & Feb. 21-27, 2022*Ilocos Sentinel

DEED OF EXTRAJUDICIAL SETTLEMENT

Notice is hereby given that the intestate estate of the late MARIA N. TABIJE pertaining to a parcel of land designated as Lot No. 23352-A, Psd-01-047725, being a portion of Lot No. 23352, situated at Brgy. San Pedro, City of Laoag, covered by Transfer Certificate of Title No. 38122 has been adjudicated by her legal heirs Caesar, Marcell and Frederick Anthony, all surnamed Tabije unto themselves as per instrument executed before Notary Public Atty. Franklin Dante A. Respicio; as per Doc. No. 414; Page No. 84; Book No. LXXV; Series of 2022.

Feb. 7-13, Feb. 14-20 & Feb. 21-27, 2022*Ilocos Sentinel

Republic of the Philippines
Local Civil Registry Office
Province of Ilocos Norte
Municipality of Solsona

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **Christian Lloyd B. Equiza** has filed with this Office a petition for Change of First Name from "**CHRISTIAN LLYOD**" to "**CHRISTIAN LLOYD**" in the Certificate of Live Birth of **CHRISTIAN LLOYD B. EQUIZA** who was born on **June 10, 1999** at **Solsona, Ilocos Norte** and whose parents are **Eustaquio E. Equiza** and **Thelma G. Bueno**.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022**.

(Sgd.) **ARLENE EDITHA M. VILLALOBOS**
Municipal Civil Registrar

February 7-13, 2022
& February 14-20, 2022 * Ilocos Sentinel

Republic of the Philippines
Local Civil Registry Office
Province of Ilocos Norte
Municipality of Pagudpud

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **Raymund A. Manegdeg** has filed with this Office a petition for Change of First Name from "**REYNON**" to "**RAYMUND**" in the Certificate of Live Birth of **REYNON A. MANEGDEG** who was born on **June 25, 1976** at **Pagudpud, Ilocos Norte** and whose parents are **Renato Manegdeg** and **Natividad Agullo**.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022**.

(Sgd.) **RODEL R. RAGONJAN**
Municipal Civil Registrar

February 7-13, 2022
& February 14-20, 2022 * Ilocos Sentinel

"It is better to be hated for what you are than to be loved for what you are not."
— **Andre Gide, Autumn Leaves**

Republic of the Philippines
Province of Ilocos Norte
MUNICIPALITY OF SAN NICOLAS

NOTICE TO THE PUBLIC

In compliance with Section 5 of R. A. 9804, a NOTICE is hereby served to the public that **HANNAH MARIE STEPHANNE ALBANO RAMOS** has filed with this office a petition for the change of first name from "**RAMONA MARIA**" to "**MA. RAMONA**" in the Certificate of Live Birth of **RAMONA MARIA SAMBRANO**, who was born on **August 31, 1947** at **San Nicolas, Ilocos Norte** and whose parents are **Josefina J. Pulido** and **Lucas A. Sambrano**.

Any person adversely affected by said petition may file is written opposition with the Office not later than **February 21, 2022**.

(Sgd.) **ROSEMARIE B. ANTOLIN**
Municipal Civil Registrar

February 7-13, 2022
& February 14-20, 2022 * Ilocos Sentinel

PUBLICATION NOTICE
R.A. 10172

Republic of the Philippines
Local Civil Registry Office
Province of ILOCOS NORTE
Municipality of BACARRA

NOTICE TO THE PUBLIC

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 1 Guidelines in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **JORGE A. MAGAOAY** (document owner) has filed with this office a petition for Correction of Entry in the **DATE OF BIRTH** from **MAY 19, 1978** to **NOVEMBER 17, 1978** in the Certificate of Live Birth of **JORGE MAGAOAY** who was born at **Bacarra, Ilocos Norte** and whose parents are **Romulo Magaoay** and **Lita Andres**.

Any person adversely affected by said petition may file his written opposition with this office not later than **February 25, 2022**.

(Sgd.) **CLEMENTE S. GALIZA, Ph.D.**
Municipal Civil Registrar

February 7-13, 2022
& February 14-20, 2022 * Ilocos Sentinel

Republic of the Philippines
Local Civil Registry Office
Province of Ilocos Norte
Municipality of Badoc

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **Reynaly Bermudez Pasion** has filed with this Office a petition for Change of First Name from "**GIMENIA**" to "**GEMINIA**" in the Certificate of Live Birth of **GIMENIA N. BERMUDEZ** who was born on **September 16, 1961** at **Badoc, Ilocos Norte** and whose parents are **Juan Bermudez** and **Maria Navarrete**.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022**.

(Sgd.) **IRIS GAYLE S. BATALLONES**
Municipal Civil Registrar

February 7-13, 2022
& February 14-20, 2022 * Ilocos Sentinel

**DEED OF ADJUDICATION
WITH ABSOLUTE SALE**

Notice is hereby given that the intestate estate of the late ULDARICA MILAGROS LUIS DELOS SANTOS pertaining to her ONE-EIGHT (1/8) PORTION over a parcel of land designated as Lot No. 6219, situated at Brgy. 45 Tangid (Bengcag, before), Laoag City, covered by TCT No. 021-202000492 has been adjudicated by her legal heirs and simultaneously sold unto VICTORY CHRISTIAN FELLOWSHIP OF ILOCOS NORTRE, INCORPORATED, represented by Senior Pastor Benito N. Bagaosan as per instrument executed before Notary Public Atty. Melchor B. Guillen; as per Doc. No. 479; Page No. 97; Book No. LXXVI; Series of 2022.

Feb. 7, 14 & 21, 2022*Ilocos Sentinel

Republic of the Philippines
Regional Trial Court
OFFICE OF THE PROVINCIAL AND CITY SHERIFF
Marcos Hall of Justice
Laoag City

BPI FAMILY SAVINGS BANK, INC.
Petitioner-Mortgagee,

-versus-

FERNANDO G. ANTONIO and
LIGAYA R. ANTONIO,
Respondents-Mortgagors,

EJF Case No. 29-2021
For: Extra-Judicial Foreclosure of Real Estate
Mortgage under Act No. 3135 as amended by
Act No. 4118

X ----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial petition for sale under Act 3135, as amended, filed by the BPI FAMILY SAVINGS BANK, INC., with principal office at Paseo De Roxas corner Dela Rosa Street, Makati City and with branch office at 2/F BPI Bldg., Arellano St., Dagupan City, Pangasinan against FERNANDO G. ANTONIO and LIGAYA R. ANTONIO (BORROWER/S-MORTGAGOR/S), with residence and postal address at Jasper Marketing and General, along Juan Luna Street, Brgy. 3 Poblacion, Pasuquin, Ilocos Norte to satisfy the mortgage indebtedness which as of December 1, 2021, the BORROWER/S-MORTGAGOR/S and CO-BORROWER/S still has an outstanding obligation of TWO MILLION TWO HUNDRED FIFTY THREE THOUSAND ONE HUNDRED TWENTY & 30/100 ONLY (Php 2,253,120.30), inclusive of interest, penalties and other charges and exclusive of the expenses of this foreclosure. The undersigned or his duly authorized Deputy will sell at public auction on **March 10, 2022 at 10:00 a.m. at the Regional Trial Court, Bangui, Ilocos Norte**, to the highest bidder, for cash and in Philippine Currency, all rights, shares and participations which the mortgagor/s have or might have had in the hereunder described real property together with all the improvements found thereon, to wit:

MORTGAGED PROPERTIES

Original Certificate of Title No. 2012000094

Lot No. 60163 CAD 578 CASE 6
AREA: FOUR HUNDRED SIXTY-FIVE (465) SQUARE METERS
THE LINE: S64-30W; 289.42 m from BLLM#1, Cad 578, Pasuquin Cadastre to Corner 1 of Lot 60163

BOUNDED AS FOLLOWS:

NE : LINE 1-2 BY LOT 60164 CAD. 578 CASE 6
SE : LINE 2-3 BY JUAN LUNA STREET 8.00M. WIDE CAD. 578
SW : LINE 3-4 BY LOT 60166 CAD. 578 CASE 6
SW : LINE 4-5 BY LOT 60162 CAD. 578 CASE 6
NW : LINE 5-1 BY LOT 60161 CAD. 578 CASE 6

OWNER: FERNANDO ANTONIO MARRIED TO LIGAYA C. RANJO, OF LEGAL AGE, FILIPINO CITIZEN

Prospective buyers may investigate for themselves the property hereunder above-described and encumbrances, if any there be.

In the event that public auction should not take place on the scheduled date it shall be held on **March 24, 2022 at 10:00 a.m.** without further notice.

Laoag City, February 8, 2022.

XAVIER F. GACHO
Acting Provincial/City Sheriff Ex-Officio

By:
(Sgd.) SHEMAINE MARIE A. SANTIAGO
Sheriff-In-Charge

Copy furnished:

Mortgagee- BPI Family Savings Bank, Inc.
2/f BPI Bldg. Arellano St.
Dagupan City
- BPI Family Savings Bank, Inc.
Laoag City

Mortgagor- FERNANDO G. ANTONIO and LIGAYA R. ANTONIO
Jasper Marketing and General, along Juan Luna Street,
Brgy. 3 Poblacion, Pasuquin, Ilocos Norte

RTC-Raffle Committee-

Publisher-

February 7, 14 & 21, 2022* Ilocos Sentinel

Republic of the Philippines
Office of the City Civil Registrar
Ilocos Norte
Laoag City

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **KARREN CHEQUITO GUILLERMO** has filed with this Office a petition for change of first name from "**JESUSA JENNIFER**" to "**JENNIFER**" in the Certificate of Live Birth of **JESUSA JENNIFER MANANSALA** who was born on December 25, 1960 at Laoag City, Ilocos Norte and whose parents are Monico Manansala and Ella Manansala.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022.**

(Sgd.) JEAN PASCUA MANUEL
City Civil Registrar

February 7-13, 2022
& February 14-20, 2022* Ilocos Sentinel

Republic of the Philippines
Office of the City Civil Registrar
Ilocos Norte
Laoag City

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **NERISSA CORONEJO PURISIMA** has filed with this Office a petition for change of first name from "**MARISA**" to "**NERISSA**" in the Certificate of Live Birth of **MARISA SANTOS CORONEJO** who was born on January 10, 1962 at Laoag City, Ilocos Norte and whose parents are Norberto Coronejo and Purificacion Santos.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022.**

(Sgd.) JEAN PASCUA MANUEL
City Civil Registrar

February 7-13, 2022
& February 14-20, 2022* Ilocos Sentinel

Republic of the Philippines
Office of the City Civil Registrar
Ilocos Norte
Laoag City

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **BABETTE VILLANUEVA DELA CRUZ** has filed with this Office a petition for change of first name from "**BABETTE (BOOTS)**" to "**NERISSA**" in the Certificate of Live Birth of **BABETTE (BOOTS) R. VILLANUEVA** who was born on May 19, 1974 at Laoag City, Ilocos Norte and whose parents are George Villanueva and Filipinas Ramos.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022.**

(Sgd.) JEAN PASCUA MANUEL
City Civil Registrar

February 7-13, 2022
& February 14-20, 2022* Ilocos Sentinel

Republic of the Philippines
Office of the City Civil Registrar
Ilocos Norte
Laoag City

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **MARY JANE REYES BASAMOT** has filed with this Office a petition for change of first name from "**JANE**" to "**MARY JANE**" in the Certificate of Live Birth of **JANE VINOYA REYES** who was born on October 25, 1972 at Laoag City, Ilocos Norte and whose parents are Rudy Reyes and Caridad Vinoya.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 21, 2022.**

(Sgd.) JEAN PASCUA MANUEL
City Civil Registrar

February 7-13, 2022
& February 14-20, 2022* Ilocos Sentinel

DEED OF ADJUDICATION WITH SALE

Notice is hereby given that the intestate estate of deceased SPOUSES RUPERTO LUCAS and TEOFILA A. LUCAS pertaining to a parcel of land, including the improvements thereon, designated as Lot No. 21524, situated in the Barrio Poblacion (Barrio of Sta. Cayetana), Municipality of Laoag (now Laoag City) covered by Transfer Certificate of Title No. (T-407)-148 has been adjudicated by their legal heir Pedrito Simeon A. Lucas, represented by Veronica D. Nevalga, and simultaneously sold unto Fermina D. Manuel as per instrument executed before Notary Public Atty. Mona Liza D. Antonio; Doc. No. 108; Page No. 22; Book No. XLIV; Series of 2022.

Jan. 24-30, Jan. 31-Feb. 6 & Feb. 7-13, 2022*Ilocos Sentinel

Pangasinan among...(page 4)

participation in the CMCI. San Carlos City, Urdaneta City, Balungao, Basista, Bayambang, Calasiao, Labrador, Lingayen, Malasiqui, Sto. Tomas, Sison, Tayug, and Umingan. "Congratulations to the city and municipal LGUs all over Region 1 that likewise made it to the top! Let's continue to work together for the good of the province, and the region as well," Espino added.

Other city and municipal LGU awardees in Pangasinan are as follows: Dagupan City,

PGIS.....(page 4)

said that during the initial surge of the COVID-19 Omicron variant in the province in January, there was a significant number of kids who were infected. Dr. Tabboga-Talaga stressed that the COVID-19 cases are currently declining regardless of age, and different age groups are equally infected. (Aila T. Villanueva/PIA ILOCOS SUR)

DOH targets....(page 1)

consent dahil ito po ay isa sa mahalagang kailangan upang mabigyan po ng bakuna ang inyong mga anak," Regional Director Paula Paz M. Sydiongco stated.

"Wala po tayong dapat ipangamba dahil ang Pfizer vaccine na ibibigay po sa mga bata ay aprubado ng ating Food and Drug Administration at ito ay epektibo at ligtas at makapagbibigay ng proteksyon upang sila ay hindi magkaroon ng malubhang karamdaman dulot ng Covid 19." she emphasized.

The regional office has established 16 vaccination sites strategically located in various provinces where parents and guardians may bring their children ages 5-11 years old for vaccination from February 14-18, 2022.

In Ilocos Norte Province, eligible residents for vaccination may go to Mariano Marcos Memorial Hospital and Medical Center, Laoag City Health Office, Dingras Rural Health Unit and at the Ilocos Norte Provincial Health Office.

For Ilocos Sur, parents may proceed to Vigan City Health Office and Tagudin RHU.

Vax sites in Pangasinan are located at the Dagupan City People's Astrodome, Conrado Estrella Trauma and Medical Center, Eastern Pangasinan District Hospital, Urdaneta District Hospital, Bayambang District Hospital, San Jacinto, Bani, Umingan Community Hospital and SM Rosales.

And for La Union, vaccination center will be at the Ilocos Training and Regional Medical Center.

"For parents with children aged 5-11 years old, you may bring your children at the nearest vaccination sites in your area for the free Covid vaccine," she encouraged.

A ceremonial vaccination activity will be conducted on February 14, 2022 at the Ilocos Training and Regional Medical Center to mark the start of pediatric vaccination for the whole region. (GLEN S. RAMOS/DOH Ilocos Region)

RA 9048 No. 10.1 (LCRO)
 Republic of the Philippines
Local Civil Registry Office
 Province of Ilocos Norte
 Municipality of Marcos

NOTICE FOR PUBLICATION

In Compliance with Section 5 of R. A. 9048 (CFN), a notice is hereby served to the public that **ALLAN Z. FELIPE** has filed with this Office a Petition for **Change of First Name** from "**ALANO**" to "**ALLAN**" in the Certificate of Live Birth of **Allan Z. Felipe** who was born on **March 23, 1974** at **Marcos, Ilocos Norte** and whose parents are **Fely Felipe** and **Perlita Zamora**.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 14, 2022**.

(Sgd.) **EVELYN I. VILLANUEVA**
 Municipal Civil Registrar

January 31-February 6, 2022
 & February 7-13, 2022* Ilocos Sentinel

Republic of the Philippines
Office of the City Civil Registrar
 Ilocos Norte
 Laoag City

NOTICE FOR PUBLICATION

In Compliance with Section 5 of Republic Act No. 9048, notice is hereby served to the public that **JERRY MARCOS LABSO** has filed with this Office a petition for change of first name from "**JERRY JUAN**" to "**JERRY**" in the Certificate of Live Birth of **JERRY JUAN LABSO** who was born on 1965 at Laoag City, Ilocos Norte and whose parents are Pedro Labso and Perfecta Marcos.

Any person adversely affected by said petition may file his written opposition with this Office not later than **February 14, 2022**.

(Sgd.) **JEAN PASCUA MANUEL**
 City Civil Registrar

January 31-February 6, 2022
 & February 7-13, 2022* Ilocos Sentinel

DEED OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate of deceased **AGRIFINA P. GALACGAC** a.k.a. **AGRIPINA P. GALACGAC** pertaining to a parcel of land designated as Lot No. 10339, situated at Brgy. Billoca, Batac, Ilocos Norte, covered by Original Certificate of Title No. OCT P-19436 has been adjudicated by her legal heirs **Antonia P. Galacgac-Cabuyadao** and **Leonila P. Galacgac-Agudelo** and simultaneously sold unto **Maria Fe S. Navarette** portions of aforesaid lot equivalent to 630 square meters, now referred as Lot No. 10339-B, and another 1,260 square meters, now referred as Lot No. 10339-C as per instrument executed before Notary Public Atty. **Francisco A. Musni**; Doc. No. 375; Page No. 76; Book No. CXXXI; Series of 2022.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF EXTRAJUDICIAL SETTLEMENT OF ESTATE WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate of deceased **NICOMEDES P. GALACGAC** pertaining to a parcel of land designated as Cadastral Lot No. 10343, situated at Brgy. Billoca, Batac, Ilocos Norte, covered by Original Certificate of Title OCT P-17376 has been adjudicated by her legal heirs **Antonia P. Galacgac-Cabuyadao** and **Leonila P. Galacgac-Agudelo** and simultaneously sold unto **Maria Fe S. Navarette** portions of aforesaid lot equivalent to 633 square meters, now referred as Lot No. 10343-B, and another 332 square meters, now referred as Lot No. 10343-C as per instrument executed before Notary Public Atty. **Francisco A. Musni**; Doc. No. 374; Page No. 76; Book No. CXXXI; Series of 2022.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate of the late **ELPIDIO CORPUZ, SR.** consisting of two (2) parcels of land designated as Lot Nos. 3035 and 5484, both situated at Barrio Mang-ngato, Laoag City, both covered by Transfer Certificate of Title No. T-28506 has been adjudicated by his legal heirs unto themselves and simultaneously the aforesaid lots unto **Sps. Adriano D. Corpuz** and **Norma A. Corpuz** as per instrument executed before Notary Public Atty. **Nestor T. Corpuz**; Doc. No. 215; Page No. 44; Book No. XXIII; Series of 2022.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH ABSOLUTE SALE WITH PARTITION

Notice is hereby given that the intestate estate of the late **SILVERIO GODOY, JR.** consisting of two (2) parcels of land designated as Cadastral Lot Nos. 12809-F and 12809-D, both located at Brgy. Quiling Sur, Batac, Ilocos Norte, covered by Transfer Certificate of Title Nos. 2021000950 and 2021000948, respectively has been adjudicated by his legal heir **Nestor Rubio Godoy** and simultaneously sold Lot No. 12809-F unto **Josie M. Gudoy** and Lot 12809-D unto **Nathaniel Rotsen U. Bilgera** and **Neil Arbee U. Bilgera** as per instrument executed before Notary Public Atty. **Francisco A. Musni**; Doc. No. 263; Page No. 54; Book No. CXXXI; Series of 2022.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH WAIVER OF RIGHTS AND SALE

Notice is hereby given that the intestate estate of the late **PAULA BAPTISTA** pertaining to a parcel of land designated as Lot No. 8463-B-6 Psd-01-054392, situated at Brgy. Nangalisan-A, City of Laoag, covered by TCT No. 34930 has been adjudicated by legal heirs **Apolinario Julie T. Dannug**, **Danilo T. Dannug** and **Socrates T. Dannug, Jr.** and simultaneously waived by heirs in favor of co-heir **Socrates T. Dannug, Jr.**; that a portion of said lot equivalent to 256 sq. m., now referred as Lot No. 8463-B-6-B was simultaneously sold unto **Spouses Engelberto B. Valentin** and **Noreen V. Valentin** as per instrument executed before Notary Public Atty. **Ria B. Cruz**; Doc. No. 60; Page No. 13; Book No. XIX; Series of 2021.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF EXTRAJUDICIAL SETTLEMENT OF ESTATE

Notice is hereby given that the intestate estate of the late **VIRGINIA RIGONAN ULIT** pertaining to her undivided one-half (1/2) share over a parcel of land designated as Lot No. 16091, Cad-398, situated at Brgy. 35 Billoca, Batac City, Ilocos Norte, covered by Transfer Certificate of Title No. T-6127 has been adjudicated by his legal heirs unto themselves as per instrument executed before Notary Public Atty. **Maria Louisa M. Que**; Doc. No. 04; Page No. 06; Book No. 02; Series of 2022.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

AFFIDAVIT OF SELF-ADJUDICATION

Notice is hereby given that the intestate estate of the late **CRISOLOGO D. DICHOSO** consisting of three (3) bank accounts with Land Bank of the Philippines namely: Joint Bank Savings Account No. 0261-2636-70; PNP Pension Account No. 0266-1332-86 and Regular ATM Account No. 0266-1188-64 has been adjudicated by his legal heir **Teresita C. Dichoso** as per instrument executed before Notary Public Atty. **Lourdines C. Dela Cruz**; Doc. No. 86; Page No. 18; Book No. XV; Series of 2022.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF EXTRAJUDICIAL SETTLEMENT OF ESTATE; SELF-ADJUDICATION AND ABSOLUTE SALE

Notice is hereby given that the intestate estate of deceased **MODESTO M. ECLARIN** pertaining to a parcel of land designated as Lot No. 2455, GSS-1-000001, situated at Brgy. Nagbacalan, Paoay, Ilocos Norte, covered by Original Certificate of Title No. P-62183 has been adjudicated by his legal heir **Rodolfo R. Eclarin** unto himself and simultaneously sold unto **Joenberg T. Chua** as per instrument executed before Notary Public Atty. **Cherrie Grace P. Bareng**; Doc. No. 46; Page No. 10; Book No. LXII; Series of 2021.

Jan. 24, Jan. 31 & Feb. 7, 2022*Ilocos Sentinel

DEED OF EXTRAJUDICIAL SETTLEMENT WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate of the late **RODOLFO RAMOS** and **CATALINA RAMOS** pertaining to a parcel of land designated as Lot No. 10991-C, Psd-01-032762, situated at Brgy. 13, Ntra. Sra. De Visitacion, Laoag City, covered by Transfer Certificate of Title (TCT) No. T-27502 has been adjudicated by their legal heirs unto themselves and simultaneously sold unto **Kevin Bill L. Alcid**, **Kenneth Bryle L. Alcid** and **Kathryna Bianca L. Alcid** as per instrument executed before Notary Public Atty. **Alexandra Elyze R. Alcid**; Doc. No. 125; Page No. 25; Book No. 3; Series of 2021.

Jan. 31-Feb. 6; Feb. 7-13 & Feb. 14-20, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate of deceased **CONRADO CAMANGEG** pertaining to a parcel of land designated as Lot No. 39921, situated at Brgy. 29 San Pedro, Batac City, Ilocos Norte, covered by O.C.T. No. P-4-251 has been adjudicated by his legal heirs unto themselves and simultaneously sold unto **Leticia Estavillo** and **Jaclyne Kate Estavillo-Llanes** as per instrument executed before Notary Public Atty. **Francis Raul L. Dayo**; Doc. No. 58; Page No. 13; Book No. VIII; Series of 2020.

Jan. 24, Jan. 31 & Feb. 7, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH SALE

Notice is hereby given that the intestate estate of deceased **CARMELITA BACUD** and **ROGELIO BACUD** pertaining to their share over a parcel of land designated as Lot No. 7248, Cad-445-D, situated at Brgy. Waig-Upay, Paoay, Ilocos Norte, covered by OCT. No. P-27893 has been adjudicated by their legal heir **Maria Tereza B. Cabacungan** and simultaneously sold unto **Leysam Garcia Luis** as per instrument executed before Notary Public Atty. **Da Vinci M. Crisostomo**; Doc. No. 100; Page No. 21; Book No. CDXXVI; Series of 2022.

Jan. 24, Jan. 31 & Feb. 7, 2022*Ilocos Sentinel

DEED OF ADJUDICATION WITH ABSOLUTE SALE

Notice is hereby given that the intestate estate of deceased **SPOUSES FERNANDO LABUCAY ABRAN** and **DALMACIA SINFUEGO** pertaining to a parcel of land designated as Lot No. 2927, situated at Brgy. Bacsil, Paoay, Ilocos Norte, covered by OCT No. P-29118 has been adjudicated by his legal heirs unto themselves and simultaneously sold unto **Remie Digap** as per instrument executed before Notary Public Atty. **Pia Maria Barbara Mirca C. Cua**; Doc. No. 213; Page No. 44; Book No. VII; Series of 2021.

Jan. 24, Jan. 31 & Feb. 7, 2022*Ilocos Sentinel



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DOLE RO1 Outlines Strategies, Work Targets for 2022

The Department of Labor and Employment Regional Office 1 is all geared up for another year of relentless public service this 2022.

This commitment has been reaffirmed as the DOLE RO1 Management Committee (Mancom) led by Regional Director Atty. Evelyn Ramos gathered for the three-day Regional Planning Workshop held on February 8-10, 2022, at La Fayette Luxury Suites, Bauang, La Union.

The activity served as an avenue for the Mancom members to discuss strategies, lay out work and implementation plans, and assess needs in order to achieve the desired operational outcomes at the end of the calendar year.

The DOLE RO1 officers discussed issues and concerns which arose in the previous year in various areas such as administrative, policies, and program implementation. These concerns were extensively pondered on, and the most

viable recommendations for process enhancement were duly noted and shall take effect as part of the 2022 strategies.

The DOLE RO1 also looked back at the accomplishments for 2021, as presented by Planning Officer-Designate Jeff Rey Pitpit. And it is through the context of this 2021 Accomplishments that the preliminary targets for 2022 were set.

“2021 has indeed been a challenging year, but we stood up to the test and we emerged victorious,” said RD Ramos. She expressed

her commendation to the Mancom members for their dedication and commitment, and she enjoined everyone to maintain their level of public service excellence for 2022.

Also part of the activity was the 2021 Regional Management Review, where the ISO-processes and procedures were also reviewed to bring upon improved and enhanced seamless service delivery. (JUSTIN PAUL D. MARBELLA/DOLE I)

DENR leads tree hugging campaign to fight climate change

Department of Environment and Natural Resources (DENR) Secretary Roy A. Cimatu is calling on the public to take part in the week-long Tree Hugging Campaign to raise awareness on the importance of trees and nurturing forests as a measure to address climate change.

Organized by the DENR-Forest Management Bureau (FMB), the Tree Hugging Campaign will be held from February 14 to 18, 2022.

“Trees help fight climate change and this event dramatizes the need to take immediate, drastic reductions in greenhouse gases such as carbon dioxide which trees absorb,” said Cimatu, who is also the chair of the Cabinet Cluster on Climate Change Adaptation, Mitigation and Disaster Risk Reduction (CCAM-DRR).

Cimatu said that advocacies like the Tree Hugging Campaign “should be encouraged especially in developing countries like the Philippines if we are to sustain our economic goals to reduce poverty without undermining our environmental programs.”

The DENR chief underscored that collective actions for the environment “plays a crucial part in the DENR’s agenda for Filipinos to adopt a positive lifestyle shift in the way we relate to our environment, especially to trees” in facing the challenges of climate change.

According to the Center for Global

Development, developing countries like the Philippines account for some 63 percent of the world’s current annual carbon emissions.

Arbor Day Foundation, a United States-based non-profit organization, also said that a mature tree will absorb about 22 kilograms of carbon dioxide from the atmosphere and release oxygen in exchange in one year.

“It’s only fitting that we show our gratitude to the trees this Valentine’s Day. Hug a tree in gratitude for the gift they give us—the very air we breathe,” Cimatu said.

An online challenge has been set for the campaign, with 10 outstanding entries to be picked as winners.

Submission of entries will be from February 14 to 18, 2022.

The following are the mechanics to join the DENR-FMB’s Tree Hugging Campaign.

1. Like the FMB Facebook page and follow their Instagram account.
2. Share the event post from the FMB page or Instagram.

3. Post a photo showing a creative way of hugging a tree (indigenous trees are advised for plus points), with a short description or caption of the entry photo and citing the importance of tree-hugging along with the hashtags #TreeHuggingDay, #PunoNgPagmamahal, and #ValentinesDay2022.
4. Make your post public.

Each winner will receive a special token from the DENR. ###

DOLE Region 1 moves to new office location

The Department of Labor and Employment Regional Office 1 (DOLE RO1) wishes to inform the public and its clientele that it has moved to a new office location, effective February 15, 2022.

DOLE RO1 is now located at the RSRK Building, along Diversion Road, Biday, City of San Fernando, La Union.

The new office location is just a few meters away from the previous location, at the Parammata Building B. Biday, City of San Fernando, in front of the CSI The City Mall.

“We endeavored to

transfer to a new office building – now bigger and more accessible to the public – as part of our continuous service improvement,” said DOLE Regional Director Atty. Evelyn R. Ramos.

The new office building is strategically located near government offices, such as the Department of Agrarian Reform (DAR) La Union Provincial Office and Commission of Population Development (Popcom) Regional Office 1. It is also adjacent to public areas such as a shopping mall and restaurants.

DOLE RO1’s new

office is now a four-storey building. On the ground floor are the frontline services, such as applications for Construction Safety and Health Program (CHSP) permits; and Technical Services Support Division (TSSD) – Livelihood and Employment.

Located on the second floor are the Offices of the Regional Director and Assistant Regional Director. On the third floor is the Internal

Management and Services Division (IMSD). TSSD-Labor Relations and Standards and Mediator Arbiter’s Office is located on the fourth floor.

“In our office transfer, we aim to serve our clients even better. Yet, we may have moved to a new office location, but we maintain our same level of dedication and commitment in upholding #SerbisyongDOLE in the Ilocos region,” said RD Ramos.

“Twenty years from now you will be more disappointed by the things that you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.” – H. Jackson Brown Jr., P.S. I Love You

Ilocos Region....(back page)

with 6,575 (18.68%).

For the most booster shots administered, Ilocos Sur also tops the list with 6,758 (24.04%) boosted followed by Ilocos Norte with 5,299 (20.19%), La Union with 3,350 (13.05%), Pangasinan – 5,409 (7.42%) and Dagupan City – 545 (7.32%).

Dagupan City on the other hand exceeded its target for the primary dose administering a total of 1,601 (251.73%) doses out of the 636 targets. Ilocos Norte has immunized 2,486 individuals (67.87%) followed by Pangasinan with 15,487 (54.10%), Ilocos Sur – 2,131 (41.18%) and La Union – 3,225 (33.83%).

S y d i o n g c o emphasized that the on-

going vaccination in not mandatory. “Ang ginagawa po nating vaccination ay boluntaryo at hindi po sapilitan. “Ang DOH ay hindi magbibigay bakuna lalo na sa mga batang na walang pahintulot ang kanilang mga magulang.”

“Ang bakuna laban sa Covid virus ay epektibo at makikita natin ito sa patuloy na pagbaba ng mga kaso sa ating rehiyon dahil na rin ito sa patuloy na pangtangkilik ng ating mga residente sa libreng bakuna na pinamimigay ng ating kagawaran,” she said.

No reported serious adverse event during the conduct of the two-day NVD in the region. (Ilocos Center for Health Development)

R1MC....(back page)

and R1MC Out-Patient Department Facebook

pages. Likewise, Sandoval encouraged everyone to take action to lower risks against cancer through healthy lifestyle choices such as: quitting

smoking; having regular exercise; limiting the consumption of grilled, canned and processed foods; eating a healthy diet; and limiting alcohol consumption. (ELSHA MARIE S. ARGUEL/PIA Pangasinan)



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PAILAW NG PULIS. Ilocos Norte Police Provincial Director P/Col Julius Suriben (left) formally turns over the "Pailaw" Impact Project to 87-year-old Rolando Tagama of Brgy. Maan-anteng, Solsona, Ilocos Norte. Also in photo are Solsona Mayor Joseph de Lara and representatives of DOLE, TESDA, and DSWD. (Photo by PIA Ilocos Norte)

Ilocos Region tops booster vaccination during BB3

The Department of Health (DOH) Region 1 is the top region with the most number of booster shots with a total of 21,361 doses (13.32%) given during the two days "Bayanihan, Bakunahan 3" National Vaccination Days conducted simultaneously all over the region from February 10-11, 2022. "We have administered a total of 21,361 doses out of the

160,317 targets for a total of 13.32% as of February 11, 2022. We will endeavor to accomplish our vaccination goals until February 18 in order to provide the needed protection to our residents against the Covid virus," Regional Director Paula Paz M. Sydiongeo. "Para sa mga hindi pa nakakumpleto ng kanilang mga bakuna ay magpunta lamang po tayo sa mga itinalagang

mga vaccination sites sa inyong mga lugar at magpabakuna. Dalhin lamang po ang inyong mga vaccination cards," she added. The region also made it to the second place in terms of overall National Vaccination Days Coverage with 46,291 (22.26%) and in third place in terms of primary dose target with 24,930 (53.33%) vaccinated. Dagupan City

recorded the highest NVD rate with 2,146 (26.57%) or 251.73% of 1,601 individuals vaccinated surpassing the 636 targets for the two-day NVD. The province with the highest number of vaccinated individuals is Ilocos Sur with 33,285 (26.71%) doses given followed by Ilocos Norte with 29,907 (26.03%), Pangasinan with 20,907 (20.59%) and La Union (Pls. turn to page 9)

R1MC offers free screening test for cancer

DAGUPAN CITY, Feb 9 (PIA) - In line with the celebration of the National Cancer Awareness Month, the Region 1 Medical Center (R1MC) will offer free screening services this month.

Dr. Sharon Sandoval, medical oncologist at R1MC, said the free screening tests are part of the advocacy campaign of the R1MC to raise awareness among the public on early detection of cancer and to encourage everyone to take action to lower risks through healthy lifestyle choices.

"Layunin po ng R1MC na makapagbigay kaalaman at hikayatin ang mga tao na kayanating maiwasan at labanan ang cancer. Kung mayroon silang mga sintomas gaya ng bukol ay agad silang kumunsulta sa doctor dahil sa cancer, ang pinakamahalaga ay ang early detection," Sandoval said during the 'Pantongtongan Tayo' radio program of Philippine Information Agency (PIA)-Pangasinan.

Sandoval said the center will offer limited but free screening tests for cancer such as pap smear, biopsy, mammogram, abdominal ultrasound, and chest x-ray.

She said the free screening test is open to all but cancer patients will be given priority.

To avail the free services, Sandoval advised the public to consult with trusted specialists through the R1MC's E-Pacheckup (Pls. turn to page 9)

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